



Pakistani Chai Tea ~

Chai is the word
for tea in Urdu.

Sharing a cup is an
important part of
Pakistan's culture

Pakistani Chai Tea

- Steep: 3-5 tea bags (black tea) in 5 cups boiling water
- Add:
 - 1 1/4c. milk, heated
 - 1/3 to 2/3 c. sugar
 - 4 whole cloves
 - 2-3 cardamom pods, cracked open, OR 1/2 t. ground cardamom
 - a cinnamon stick
- Simmer: 10 minutes to blend flavors
- Strain and serve hot

*Recipe serves 6 – This can be adjusted for larger groups, or for stronger or weaker tea.